

## Treatment Designed For You

There's no one size fits all addiction treatment. Everyone has a unique history, experience, and reason for using drugs & alcohol. At Northpoint Recovery we design personalized treatment plans tailored to each individual's needs.



We all have a unique story

## When To Consider Recovery

Two main indicators that you could have a substance use disorder and may need to consider a recovery program are:

### Physical Dependence:

- Needing alcohol/drugs just to feel and function normally
- Building a tolerance and needing to consume larger quantities to feel an effect

### Psychological Dependence:

- Needing the substance to manage your mental state and emotions
- Experiencing - intense cravings, anxiety & depression, mood swings, insomnia, appetite changes, and other symptoms when trying to quit or decrease the amount you're consuming

*Experiencing one or more of these symptoms?  
If so, it may be time to consider getting help.*

## Get Your Life Back On Track

At Northpoint Recovery, we help individuals with substance use and mental health disorders get their lives back on track:

- Learn to live happily without depending on drugs or alcohol
- Repair damaged relationships with friends & family members
- Learn to manage anxiety, depression & other mental health issues
- Improve your nutrition, sleep, energy levels, & overall physical health
- Feel more secure at work and in other social settings
- Manage triggers and avoid relapses

## Call For a Free & Confidential Assessment

Take Your First Step to Recovery!

- ✓ Check your insurance coverage
- ✓ Start the admissions process
- ✓ See how we can help you

**208-314-6220**



## Treatment At Northpoint

We provide a full continuum of care that ranges from Inpatient/Residential treatment to more flexible Outpatient options. Depending on your unique case, our licensed clinicians will determine the most appropriate and effective level of care for you.



### Inpatient Detox & Rehab

- Stay in a safe & supportive environment
- Receive 24/7 support from a full medical team
- Use of medications to ease withdrawal symptoms
- Ideal for people with severe substance use disorders

### Outpatient: PHP & IOP

- Designed to accommodate your family, work, school, other commitments
- Live at home and come to our facility for treatment
- 10-30 hours of scheduled treatment per week
- Ideal for individuals with moderate addictions

## Paying For Treatment

We work with most insurance providers in the U.S. to provide the best possible coverage and minimize your out-of-pocket expenses. We will help you explore treatment costs and options.

SCAN TO VERIFY  
YOUR INSURANCE



## Location

### Our Rehab Facility in Meridian, ID

Our 48-bed facility is fully licensed and we pride ourselves in providing a safe treatment environment for our staff and clients.



### Northpoint Recovery (Inpatient)

2335 E. State Ave.  
Meridian, ID 83642

### Ashwood Recovery (Outpatient)

7941 W. Rifleman St.  
Boise, ID 83704



SAME-DAY ADMISSIONS AVAILABLE  
**208-314-6220**  
CALL TODAY - WE'RE HERE TO HELP

[www.northpointrecovery.com](http://www.northpointrecovery.com)

# Saving Lives & Restoring Relationships



Looking to refer a patient or  
get more information about our  
addiction and mental health  
programs?

Get in contact with our  
Corporate Director of  
Outreach - Imagine

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**208-954-6626**  
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**NORTHPOINT®**  
— RECOVERY —



**Treatment for  
Substance Use &  
Mental Health  
Disorders in the  
Treasure Valley**