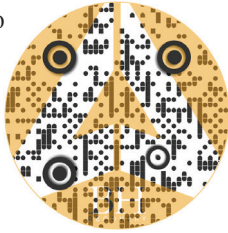


## Why Brick House Recovery?

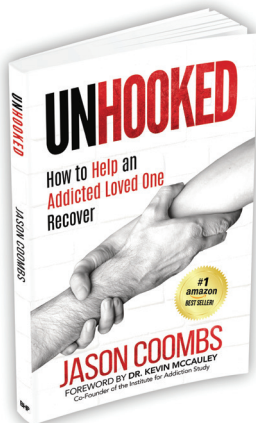
BRICK HOUSE RECOVERY received the 2022 Idaho's Best in Mental Wellness award as a result of our unique approach to co-occurring addiction treatment. Addiction, to us, is truly a soul sickness in the mind, body, and spirit. We affirm that as the soul heals, our clients WILL experience transcendence from addiction and achieve emotional sobriety. We welcome all motivated adults with alcoholism, addiction, and co-occurring mental disorders to come and see what a high quality, Higher Power based, family-centered treatment experience feels like. Just scan the QR code to check out some short videos about us.



## Family-Centered Focus

100% of our clients walk in with complex levels of strained family relationships. It is easy to feel frustrated, angry, and alone when you have an addiction in the family. You will soon feel the relief on many levels as we illuminate a real path to healing and peace.

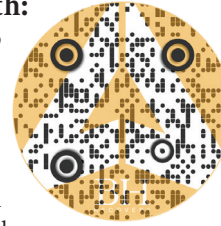
For a copy of the Amazon best-seller, *Unhooked: How to Help an Addicted Loved One Recover*, visit [unhooked.brickhouserecovery.com/](http://unhooked.brickhouserecovery.com/)



## Telemental Health ; Addiction Treatment

### AirPHP Telemental Health:

Idaho currently ranks as one of the top "healthcare deserts" in the US due to a lack of medical and behavioral health professionals and resources in Idaho's rural areas. In effort to treat rural Idahoan families in Health Professional Shortage Areas (HPSA) who suffer with alcoholism, substance abuse, and co-occurring mental disorders, Brick House Recovery created, launched, and operates a successful telehealth treatment program for adults.



**Our Guarantee:** Our way of investing in your long-term recovery, Brick House Recovery offers a Lifetime Agreement after you successfully complete the Brick House Aftercare program. This means that if you agree to the terms, and experience a setback and need to come back to treatment for a tune up, we will help you at no additional cost out of pocket.

**How Can I Afford It?** Funding for a high-quality, life-changing experience does not need to be an obstacle when it comes to addiction treatment at Brick House. Because we are in-network with most insurance companies, including Medicaid, treatment is covered at little to no cost. Adult Only (18+). Get the ball rolling by verifying your benefits at [brickhouserecovery.com/insurance-verification](http://brickhouserecovery.com/insurance-verification).

## NEED DETOX? LET US GUIDE YOU!

To reach our Admissions Team, or for information about our BOISE, IDAHO FALLS, and COEUR D'ALENE offices, please scan the QR Code below, or call 208-286-4274.

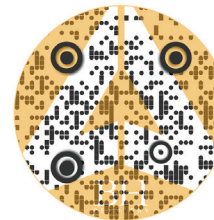
[www.brickhouserecovery.com](http://www.brickhouserecovery.com)  
[info@brickhouserecovery.com](mailto:info@brickhouserecovery.com)

### Verify your Medicaid & Insurance:

[brickhouserecovery.com/insurance-verification](http://brickhouserecovery.com/insurance-verification)



### CONTACT US!



BRICK HOUSE  
RECOVERY

OUTPATIENT ADDICTION TREATMENT



airPHP

Telemental Health ; Addiction Treatment



- 2022 Idaho's Best in Mental Wellness
- Awarded Best Places to Work in Idaho 2021, 2022
- Inspire Excellence Award 2021
- Awarded Three Best-Rated Addiction Treatment Centers in Boise
- CARF Nationally Accredited 2017, 2018, 2019, 2020, 2021, 2022
- Meridian Business of the Year 2018
- Healthcare Business of the Year by The Greater Idaho Falls Chamber of Commerce



# WHAT IS PARTIAL HOSPITALIZATION (PHP)?



## Outpatient Addiction & Mental Health Treatment

5 DAYS / WK + weekly counseling session

## IOP 3 DAYS / WK + weekly counseling session

PRE-STEP

STEP 1

- Clinical Assessment & Diagnosis by Master-level Clinician
- Psychiatric evaluation & Diagnosis by Psychiatry team
- Medicated Assisted Treatment (MAT) available
- Medication management
- Weekly medical and medication follow-up evaluation
- Drug/Alcohol Testing (3–5 per week)
- Comprehensive, therapeutically intensive, coordinated, and structured clinical groups
- Weekly Individualized Therapy session
- Family involvement (family group, conjoint sessions, at-home videos) when possible
- Weekly Individualized Recovery Coach/Peer Support sessions
- Recovery education
- Meals included
- Literature and Supplies provided
- Transportation options available
- AirPHP Technology as needed
- Couples Therapy as needed

MONTH 1



STEP 2

STEP 3

STEP 4

STEP 5

STEP 6

STEP 7

MONTH 2

- Emotional and Shame-based belief system work
- Cognitive and Behavioral Therapy techniques
- Defense Mechanisms
- Early Recovery Skills
- Case Management
- Co-Dependency
- 12-Step Recovery programming
- Higher-Power based programming
- Motivational Enhancement Therapy techniques

MONTH 3

MONTH 4



LIFETIME AGREEMENT

Welcome  
to the BHR  
Alumni!