

Resources

Idaho Suicide Prevention
Hotline Text or Call:
(208) 398-4357

National Suicide Prevention
Lifeline:
1-800-273-8255
1-800-273-TALK

Veteran's Crisis Line:
1-800-273-8255

The Trevor Project
(LGBTIQ/Youth)
1-866-488-7386

need additional resources,
we can help.

Western Idaho
**COMMUNITY
CRISIS CENTER**

524 Cleveland Blvd., Suite 160
Caldwell, ID 83605
Phone: (208) 402-1044
Or visit us on 
@WICommunityCrisisCenter

Caldwell, ID 83605

Phone: (208) 402-1044

Or visit us on

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Mission & Vision

Supporting those experiencing mental health and/or substance use crises by providing:

- ❖ *Immediate, compassionate care*
- ❖ *Resources to promote recovery*
- ❖ *First steps to stability*

Quality of life | Integrated communities | Vitality

Criteria for Admission

- Experiencing mental health and/or substance use needs
- Voluntary
- Medically stable
- Not threat to self or others
- 18 years or older

Help Right Away for you or someone you love. No referral is needed.

Walk-in anytime by yourself or with family or friends.

Kind and caring staff can talk with you about what is happening and things you can do to make it better.

We can show you where to get help if you need food, a safe place to stay, medical care, or other help.

Services Offered

- Basic medical screening for safety and stability
- Mental health assessments
- Immediate access to mental health and/or substance use stability and support toward recovery
- Brief and crisis interventions facilitated by mental health clinicians
- Clinical support and assistance for individual and loved one's in managing immediate crisis
- Peer support specialists
- Recovery Coaches
- Assistance and advocacy in accessing community providers to partner in symptom management/stability/recovery

The Western Idaho Community Crisis Center will provide services for up to 23 hour 59 minute, and readmit if necessary.

We invite all individuals seeking a safe environment to receive support in addressing mental health and/or substance use needs.

Lifeways

Rebuilding Lives

At Lifeways we serve people of all ages, from children to senior citizens, with specially designed programs that can include individual, group and family therapy.

Our professional staff work in partnership with you to identify your strengths and challenges and to assess areas that you would like to change. You are a key person in the development of your treatment and plans to achieve your goal.

Lifeways professionals have delivered individualized hands on services, designed to embrace and create hope. We are committed to providing comprehensive, high quality programs and services through counseling, suicide prevention and intervention - working with you every step of the way to secure a brighter future.

If you or someone you know is experiencing depression, anxiety, substance abuse or other mental health concerns, Lifeways, Inc. can help.

Psychiatric Providers

Sandra Lare, DO
Medical Director

Sarah Wood MSPAS, MPH
Physician Assistant

Kiersten Hogg, DNP, APRN, FNP-C
Advanced Practice Registered Nurse



702 Sunset Drive Ontario, Oregon 97914
Phone (541) 889-9167 Fax (541) 889-7873
www.lifeways.org

OUR HISTORY

Malheur County Mental Health began providing services in 1964. In 1997, the organization incorporated becoming Lifeways, Inc. a private non profit organization.

In 2007, McNary Place, a 16-bed secure residential treatment facility was opened in Umatilla, Oregon. In 2011, Lifeways Recovery Center, a 30-bed residential addiction recovery facility in Ontario, Oregon was acquired.

Additional outpatient offices were opened in Caldwell, Idaho in 2015 and Nampa, Idaho in 2016.

To continue our mission of helping people, Lifeways purchased a 16-bed Acute Psychiatric Hospital in Boise, Idaho in January 2019.

"We will help people in our communities achieve and maintain emotional well-being."

Welcome To Lifeways



Comprehensive Mental Health and Addiction Services

Servicios de trandición (Español)



www.lifeways.org

OUR SERVICES

Outpatient Mental Health Services

- Assertive Community Treatment (ACT)
- Adult Case Management
- Couples and Family Counseling
- Developmental Disabilities (DD)
- Employee Assistance Program (EAP)
- Early Assessment Support Alliance (EASA)
- Forensics Case Management Treatment
- Intensive Outpatient Counseling
- Jail Diversion
- Medication Management
- Psychological Evaluation
- Skills Training
- Supported Employment (SE)
- Transportation Services
- Telehealth
- Community Based Rehabilitation Services
- 24/7 Mental Health Crisis Intervention
- Community Health Worker
- Malheur County Student Internship Program

Outpatient Addiction Services

- Alcohol and Drug Treatment
- Gambling Treatment Services
- Victim Impact Panel Program (VIP)

Child & Adolescent Services

- School Based Services
- Addiction and Mental Health Services
- Child Parent Psychotherapy (CPP)
- Parent Child Interaction Therapy (PCIT)
- Skills Training
- WRAP Services

Community Services

- Couples Workshop (Caldwell)
- Critical Incident Stress Debriefing (CISD)

Prevention Services

- Substance Misuse Prevention
- Mental Health prevention & Promotion
- Suicide Prevention
- Problem Gambling Prevention

RESIDENTIAL SERVICES

McNary Place: Umatilla, OR

16-bed non-hospital Acute Secure
Residential Treatment Facility
541-922-0880

North Oregon: Ontario, OR

5-bed Women's Transition Residential
Home

Burdic House: Ontario, OR

5-bed Residential Housing

4th Avenue House: Ontario, OR

5-bed Residential Housing

INPATIENT SERVICES

Lifeways Recovery Center: Ontario, OR

45-bed Adult Addiction Treatment Facility
541-889-2490

Lifeways Hospital: Boise, ID

16-bed Acute Psychiatric Hospital
Boise, ID208-327-0504
8050 W. Northview St 83704

OUTPATIENT SERVICES

and office numbers

Ontario, OR541-889-9167

702 Sunset Drive 97914800-995-9169

Caldwell, ID208-454-2766

2609 S. 10th Ave., Ste 102 83605

Nampa, ID208-546-3046

824 S Diamond St 83686



24 HOUR - 7 DAYS a week CRISIS Services
www.lifeways.org

541-823-9050